

## What are Schools as Community Centres (SaCC)?

Located across the Central Coast at Blue Haven, North Lakes, Wyong, Wyoming and Woy Woy, SaCCs are Community Centres based in the local Public school.

Working in collaboration and partnerships with local agencies they provide a range of activities and groups to engage and support families with children 0-8 years. Groups are free or at a very low cost and examples have included:

- Parenting programs
- Early literacy programs
- Disability Support
- Transition to school
- Supported playgroups
- Sensory Groups

- Young Parents and baby groups
- Speech Therapy groups
- Children's music programs
- Health and nutrition initiatives
- Mental health & wellbeing initiatives
- Community events and celebrations

The SaCC Project recognises the importance of:

The early years of children's development

The role of parents as their children's first teachers and

Connecting families with children to the local community.

## How can SaCC assist your service?

We provide a secure / non-judgemental environment for families to come along and participate in the activities.

We encourage families to become a part of the local community, reducing social isolation.

We assist vulnerable families through appropriate referral and support.

## How can you assist these SaCC programs

Visit our website <u>www.ccsacc.com</u> for a comprehensive list of each centres' program.

Refer families to the activities being conducted at the centres.

Talk about these initiatives with families, encourage them to attend a program or group.

Partner with your local SaCC to develop programs for families and community members.

